



CANDY CAMPBELL

## Tear Down Walls and Build Bridges



### TEAM Building For ALL Professionals

#### Take your team from 'Yikes' to 'Yippee'

Since the pandemic, people are RETHINKING their lives and making conscious choices about how to spend their time. According to top researchers, one of the main reasons people are thinking of quitting (or *actually* quitting) their job is a feeling of not belonging in the workplace.

What the world needs now is a tool to facilitate a culture of inclusion and effective communication amongst teams.

#### Tear Down Walls and Build Bridges

This work is seriously fun, and serious business! Candy's Inter Professional Communication (IPC) workshops feature the proven adult education tool, applied improv, where participants learn methods to connect, collaborate, create with others. The result? Enriched team communication, increased workplace safety, increased customer/client satisfaction, and employees who STAY because you have such a great place to work!

#### IMPROV to IMPROVE

Create a safe place to learn and grow.

##### Improv Builds Teams

Turn fear into trust  
Turn worry into confidence  
Turn negativity into cooperation  
Turn problems into solutions  
Turn stress into spontaneity  
Turn ho-hum to fun  
Turn yikes to yippee!

### Tear Down Walls and Build Bridges Team Building

This training is unique in a sea of look-alike, bore-you-to-death communication programs. Applied improvisational exercises have been used to provoke innovation in business since the early 90s. Here's a tool to teach mental agility and design-thinking! Learn how to connect spontaneously, flex creatively, and advance your Emotional Intelligence with proven results with teams of all sorts.

*Candy Campbell, DNP, RN, CNL, FNAP* has taught improv to all ages for > 25 years, to both private and corporate clients. Her experience includes more than 30 years as an actor, director, speech coach, and nurse.

<https://candycampbell.com>

email: [candy@candycampbell.com](mailto:candy@candycampbell.com) or call: 925-207-1376 for more information

**Candy Campbell**  
**5'2"-hazel eyes-dark auburn hair-140#**  
**SAG-AFTRA #1020698**

TV / FILM / INDUSTRIAL	ROLE	Where / Director
TRAUMA (5 episodes)	< 5/ Nurse- ER Director	NBC / Jeffrey Reiner
ESPN Classic Roadshows	(Live event) M.C.	ESPN / Joseph Maar
The Calling	also Starring /Mama*	Testimony Pictures /Michael Brown
*Most Inspirational Moment Award	The Calling also Starring/Mama*	WYSIWYG filmfest '03
Lippincott Nursing Series(3)	Lead/ Nurse	Studio Three / Rick Smith
World Savings (4)	Principals/ various characters	Corp. Video Dept / Steve Sasso
STAGE	ROLE	Where/Director
An Evening With Florence Nightingale	Solo Show	US, Canada, Ireland, UK/ Bobby Weinapple; Arlene Kaiser
Skittish!	Leads / Hope, Marge	San Francisco SheldonTheater / AlfredoFidani
School For Scandal	Principal/ Mr. Crabtree	Danville Roleplayers Theatre / Sue Trigg
Funny Girl	Principal/Mrs Brice* *Bay Area Critics CircleAward	San Francisco Broadway By The Bay / Evan Pappas
Continental Divide:Daughters of the Revolution	Principal / Blair / U.S.	Berkeley Repertory Theater / Tony Taccone
The 7 Sins	Principal/ Wrath, Pride; Best Of	San Francisco Sheldon Theater / James Judd
Full Frontal Nursing	Solo Show* ("Ones to Watch")	San Francisco FRINGE - Il Teatro Theatre, extended at Venue9 / Will Weigler
Barely Insane Players (Improv & Stand up)	Principal / Founding Member	San Francisco Bay area / various venues
TRAINING / EDUCATION	School / Instructor	Where
Improv studies	BATS; Studio ACT ; various	San Francisco
Stand-Up Comedy	Judy Carter; School o' Hard Knocks	San Francisco area
Dialects	Kimberle Mohne Hill	Studio ACT, San Francisco
Meisner Technique	Rachel SteinbergAdler	Studio ACT, San Francisco
Voice-Over	Lucille Bliss	Private; San Francisco area
Acting For Singers	Bobby Weinapple	Seydways Studio; San Francisco

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SLS Vocal Training	Laura Ahlstrand-Gwinn	Private; Walnut Creek / LA
Garcia-Marchesi Vocal Training	Frances Epsen Devlin; Ava Victoria	Studio ACT, San Francisco
Bel Canto Vocal Training	Prof. Alfred Tuschak	Private; Vienna, Austria
BA Theatre /Acting	University of Puget Sound	Tacoma,WA
Film Studies	Diablo Valley College	Pleasant Hill, CA
MSN- HCSM	Loyola New Orleans	New Orleans,LA
DNP	Univ. of San Francisco	San Francisco,CA

Special Skills
Horseback riding, aerobics, dance - at parties: <b>Character voices</b> , including Donald Duck; <b>Can order a meal</b> in German, French or Spanish; <b>Songwriter</b> -member ASCAP; <b>Portrait Artist</b> - member ASOPA; <b>Professional Speaker</b> - Member NSA, Roasts, Toasts, Circumcisions

## 90- word bio

Dr. Candy Campbell is an award-winning actor, author, filmmaker, portrait artist...and nurse.

She co-founded an improv-comedy company in the San Francisco area and began teaching applied improvisation to businesses in the mid-90's.

She has written and produced three solo shows, including the latest, *An Evening With Florence Nightingale: A Reluctant Celebrity*.

Other works include:

- *Improv to Improve Healthcare: A System for Creative Problem-Solving*;
- *Improv to Improve Your Leadership Team*;
- *Channeling Florence Nightingale: Integrity, Insight, Innovation*;
- *Micropremature Babies; How Low Can You Go?*(film);
- and several children's books.

Dr. Candy Campbell Speaker Intro

(Turn music down)

**Would you like to learn how:**

**To turn negativity into cooperation?**

**To turn stress into spontaneity?**

**To turn problems into solutions?**

**To turn ho-hum into fun?**

**That's the kind of information our next speaker is going to share, right now!**

**However, since she's an improv actor, I have no idea what she's going to say.**

**Ladies and gentlemen,  
get ready to be changed!**

**Please welcome,  
Dr. Candy Campbell!**